

The Time of Our Lives Charter

Ageing Well in Leeds

In Leeds we believe that all older people should have the opportunity to feel valued in their community and to live healthy, fulfilling lives with adequate access to, and choice and control over, any support that they may need.

By signing this charter we pledge to:

- Value older people and the knowledge, skills and experience that they can contribute to Leeds.
- Work to promote positive images of ageing and ensure that older people are always treated with dignity and respect.
- Empower older people to have control over their life and over any support that they may require; promoting independence and choice.
- Promote active citizenship by providing different opportunities for older people to become involved in their communities and contribute to society for as long as they wish, for example through working, intergenerational work, lifelong learning or volunteering.
- Address health inequalities in Leeds to ensure that the health needs of all older people are being met.
- Work to promote health and wellbeing among older people through appropriate housing, social inclusion and encouraging healthy lifestyle choices.
- Promote ways that older people can gain and retain friendships in Leeds and highlight the networks of support available in their local communities.
- Hear the voices of older people and work in partnership with them to develop accessible services which will meet their needs and address any disabling barriers they may face.
- Provide up-to-date, easy to understand and accessible information on the different services and options available for older people in Leeds; enabling older people to choose and access the support or services that would most benefit them.
- Focus on older people within their communities when considering their needs and wishes, rather than thinking of them solely within organisational boundaries.

Signatures:



Councillor Keith Wakefield
Leader of Leeds City Council,
Chair of the Leeds Initiative



Linda Pollard
Chair of NHS Airedale,
Bradford and Leeds PCT Cluster